

"Run to"  
Jessica Lynn

**Activity Summary**

Use the activities below for pre-listening tasks for the song "Run to". Adapt the activities as needed.

**Associated Audio**

"Run to" by Jessica Lynn

**Pre-listening Activity 1 (All Levels)**

1. Before class, print out one copy of the pre-listening worksheet for each student.
2. Put students into small groups to answer the questions as a group in activity I.
3. Give students time to do activity II independently. Then they can share their answers with their partner(s).
4. Walk around the room to hear students discussions, and ask students if they want to share their answers with the class at the end of the activity.

Extra step: Students use the phrases from the worksheet to write new sentences.

Answer Key I: 1. B 2. C 3. A 4. D

**Online Tip**

Share the worksheet with students online, and then put them into breakout rooms to discuss their answers.

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- I. Match each phrase to its explanation. When you are finished, check your answers with the class.

<ol style="list-style-type: none"><li>1. ____ I can't quiet my mind.</li><li>2. ____ It feels like quicksand.</li><li>3. ____ I would die to.</li><li>4. ____ I'm trying my best.</li></ol>	<ol style="list-style-type: none"><li>A. I really want to do something.</li><li>B. I cannot stop thinking about something.</li><li>C. It makes me feel overwhelmed and stuck.</li><li>D. I'm giving a lot of effort to do something even if it is not successful.</li></ol>
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- II. Answer the questions individually. When you are finished, share your answers with your partner(s).

1. Describe a time when you felt overwhelmed and stuck.
2. Name something that you really want to do in the future.
3. Describe a time that you tried your best, but you were not successful at something.
4. What is something that you are excited to do and you often think about?